



HESDIA

2026

HEALTH, ENVIRONMENT AND SUSTAINABLE DEVELOPMENT: INTERDISCIPLINARY APPROACH

Keynote Speakers



Dr. Eglé Pavydé, a Pharmacist by training, PhD in Regenerative Medicine, is the Vice President for Business Development at the Spanish clinical research organization APICES.

Presentation: The Longevity Dashboard: Tracking and Evaluating Your Health Data



Dr. Machteld van Lieshout Associate Professor Healthy Nutrition for a Healthy Next Generation, Research Group Healthy Lifestyle in a Supporting Environment The Hague University of Applied Sciences

Presentation: "Social sciences perspectives on environmental and public health challenges"



Przemysław Szczepańczyk is a lecturer and Head of the International Office at Lipinski University, where he also coordinates all international projects. Since 2019, he has been involved in the implementation of projects in the field of simulation training for the prevention of aggression in healthcare.

Presentation: "The role of simulation training in the preparing healthcare students for difficult situations in the workplace"



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Preliminary Conference Program

10:00 – 10:50 | Registration and Welcome Reception

Room: 1-57

Participants are cordially invited to register and collect their conference materials. The welcome reception provides an opportunity to become acquainted with the venue, meet fellow participants, and enjoy light refreshments before the formal opening of the conference.

11:00 – 12:30 | Plenary Session

Room: 1-57

The plenary session will feature distinguished speakers who will present their latest research and insights on key topics relevant to the conference theme.

Participants may attend either in person or online. The Zoom access link will be distributed to all registered participants two days prior to the conference.

13:00 – 13:30 | Lunch Break and Networking

Participants are invited to enjoy lunch and refreshments while engaging in informal discussions and networking with colleagues. This break provides a valuable opportunity to exchange ideas, establish new professional connections, and continue conversations initiated during the plenary session.

14:00 – 15:30 | Parallel Thematic Sessions

The conference will proceed with parallel thematic sessions, during which participants will present and discuss their research in specialized fields. Each session will be moderated by an appointed chair. Detailed information regarding session themes, moderators, and presentation schedules will be provided in the Final Conference Programme.

16:00 | Closing Ceremony

Room: 1-57

The conference will conclude with the Closing Ceremony, during which the organizers will summarize the key insights of the day and recognize outstanding scholarly contributions.